

Bios for Stephen Lee Arrington

140 character bio:

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Short Bio:

Arrington, a talented storyteller and an expert on leadership and youth topics, has done 5,000+ high-power programs that are life changing. He has produced gold medal winning documentaries and is an award winning author who has written seven books. "In DeLorean's Shadow," his new true-crime memoir is available at drugsbite.com. email drugsbite@gmail.com

Medium Bio:

Arrington, a talented storyteller and an expert on leadership and youth topics, has done 5,000+ high-power programs that are life changing. He has produced gold medal winning documentaries and is an award winning author who has written seven books. An ex-Navy bomb disposal frogman, Arrington fell from the ranks of heroes when he made a marijuana mistake, which led to his becoming a co-defendant in the John DeLorean Drug Case, AKA "The Drug Trial of the Century. After prison he achieved his childhood dream as chief diver/expedition leader for Captain Jacques Cousteau. "In DeLorean's Shadow," his new true-crime memoir is available at drugsbite.com. email drugsbite@gmail.com

On November 17, 2017, Arrington was awarded a full and unconditional pardon by President Barack Obama for his work with youth with live audiences that now exceed 830,000 people.

Long Bio:

Arrington, a talented storyteller and an expert on leadership, team building and critical youth topics including bullying, suicide, drug abuse, crime and gang education. He has done 5,000+ high-power programs that are life changing. He has produced gold medal winning documentaries and is an award winning author who has written seven books. An ex-Navy bomb disposal frogman, Arrington fell from the ranks of heroes when he made a marijuana mistake, which led to his becoming a co-defendant in the John DeLorean Drug Case, AKA "The Drug Trial of the Century." Determined to turn his life around, Arrington became chief engineer of an inmate fire company and led them to save the crew of a B-1A supersonic bomber that crashed by the desert prison camp. After prison, he achieved his childhood dream when he was hired as a chief diver/expedition leader for Captain Jacques Cousteau. At his programs he uses his

underwater adventures with humpback whales, bottlenose dolphins and great white sharks to capture the audience's attention then he weaves in true stories about FBI/DEA agents, Colombian hitmen and smugglers to teach about life's tougher choices.

For leadership and team building programs, Arrington draws upon his vast and varied experience as the chief of Explosive Ordnance Disposal Team 11. When he left the Navy under a cloud of shame he never thought he would be called chief again. Yet, in prison, he became chief engineer of a ragtag group of inmates and honed them into an effective emergency response team that he led out of Boron Prison Camp 17 times to save lives. When he got out of prison the only thing he thought he would be chief of was a mop, a bucket and a broom at a 7/11 store.

Three days out of prison, Arrington was hired by the College of Oceaneering, where he soon became the air diving supervisor and school medic. When a student was trapped underwater for over eight minutes without air, Arrington led the rescue and initiated CPR. Amazingly, the student later recovered. For this Arrington given a lifesaving award by the Los Angeles Fire Department and the Red Cross' highest award for lifesaving signed by President Ronald Reagan.

A year later, Arrington became chief diver and expedition leader for the Cousteau Society. He spent the next five years on an underwater odyssey of adventure. He married Cynthia Hamren, the first woman Cousteau diver, and then resigned the job of his dreams to become a full-time husband and father to their three children. It was also to fulfill a promise he made his sentencing judge to talk with youth about life's choices.

Stephen Arrington has worked with a diversity of audiences, from elementary schools to universities, from private prestigious academies to youth lockups and prisons, for teacher conventions, corporations, and for youth organizations with audiences of up to 10,000. He addresses a multitude of subjects including drug abuse, bullying and suicide issues as well as leadership, team building, decision making, and motivation. Arrington has led men into extremely dangerous situations including combat, firefighting/rescue, and hazardous diving such as swimming underwater with lava and great white sharks.

Arrington hosted "High on Adventure," a 26-part program, half-hour series that aired four times a week to 110 countries on cable and satellite for two years on LLBN. The programs continue to air today on various television networks.

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"In DeLorean's Shadow," his new true-crime memoir is available at drugsbite.com. email drugsbite@gmail.com. webpage www.drugsbite.com Twitter @DrugsBite, face book DrugsBite. He can be reached at 530 872-4884.

Speaker Introduction:

Stephen Arrington promises that he is never boring. His life has been a whirlwind of adventure, both noble and unfortunately criminal. He grew up in Monrovia, California to a broken family where abuse was the norm. At the age of 17, he joined the Navy and made four tours to Vietnam. He became a bomb disposal frogman and was the chief of Explosive Ordnance Disposal Team 11. He worked with the CIA, for the Secret Service protecting foreign heads of state, and led his team on dangerous top-secret military operations. In his words, "A stupid marijuana mistake destroyed my naval career. I fell from the ranks of heroes."

Two years later, he was hired as a pilot and right-hand man by a mentor whom he had not seen in seven years. Arrington did not know that Morgan Hetrick was a mentor gone bad. When he found out that Morgan was the #1 smuggler for the Medellin Drug Cartel it was too late to run. He was told, "Silver or Lead, take the money and co-pilot a drug plane from Colombia or take a bullet in the head. Four months later, he was arrested with John Z. DeLorean in what would become an international media blitz. His was a long journey out of the darkness and back into the light. He has since done over 5,000 presentations to public schools, churches, universities, youth lockups, prisons, conventions and for corporations.

Arrington has been featured on dozens of television networks. His newest book, a true-crime memoir, "In DeLorean's Shadow, The Drug Trial of the Century by the Sole Surviving Defendant," is about hope that never surrenders. On November 17, 2017, President Barrack Obama gave Stephen Arrington a Full and Unconditional Presidential Pardon because of his extensive work with youth. Please join me in giving a warm greeting to Stephen Arrington (pronounced Air ing ton)

5 Fun Facts You Didn't Know About Me:

1. In high school, I graduated at the very top of the lower third of my class.
2. In the blockbuster movie, "Top Gun," I did the technical breathing for the dogfight scenes.

3. My wife Cindy said she wouldn't marry anyone who couldn't keep up with her in the canyon behind her house. Like every guy before me, I failed. Yet, I made up for it when I bought her the entire trail to the river.

4. My wife Cindy is a mountain climber...I am not. Though I was a parachutist in the Navy, my greatest fear is falling, particularly where it involves rocks.

5. In High School, my friends made fun of me because I was on the chess team. It is where I learned the word, "Nerd." It is one of the reasons I spent the next 40 years studying martial arts.